



FREDERIC PUBLIC LIBRARY NEWSLETTER



HOLIDAY RECIPE SWAP!

November 6- 17th

Introducing the Frederic Public Library's 1st Annual Holiday Recipe Swap! Do you have a signature dish that you are known for? Bring the recipe into the library now through Friday, Nov 10th. Copies of all recipes will be distributed the week of Nov 13th. Sweet, savory, or other- all categories welcome! One recipe per person please.

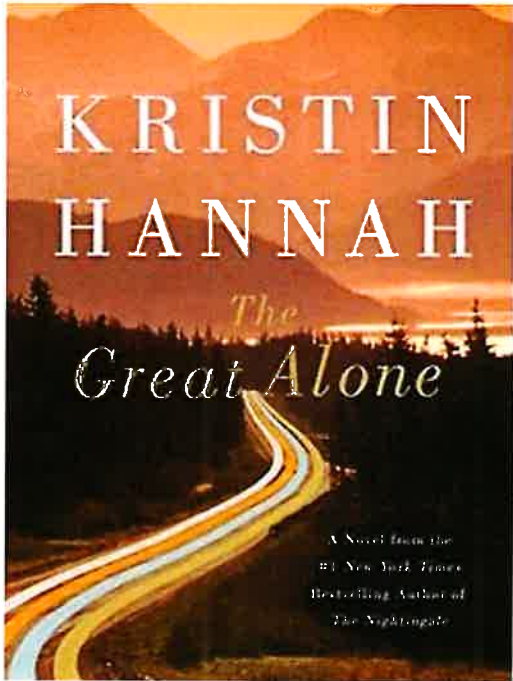


APPRECIATION BASKETS GIVEAWAY

Oct 1 - Nov 27

As an appreciation to our patrons, we are giving away three baskets full of goodies; one for each for kids, teens and adults. You will get a punch card with five stamps to punch. Each time you have a checkout, you get one punch. After all five are stamped, you can enter it into the basket raffle of your choice! Winners will be drawn at the end of Nov and would make a nice holiday gift!

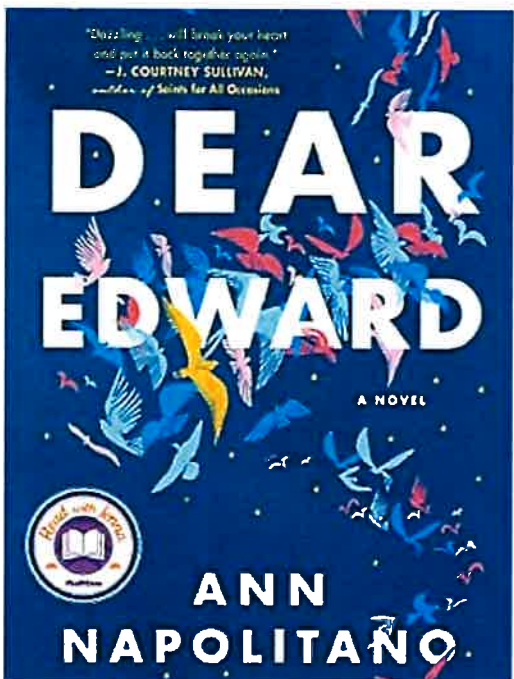




WILD CARD BOOK CLUB

Thursday, Nov 9
7-8pm

Our adult book club meetings on the second Thursday of each month. Each month is led by a different member who also chooses the book, so it's always a different vibe but it's always fun! This month's selection is "The Great Alone" by Kristin Hannah. Beer and snacks are provided. Copies are available for checkout at the library.



AFTERNOON BOOK CLUB

Tuesday, Nov 21
2-3pm

This group typically meets on the third Tuesday afternoon of the month but has a different date for August. The selection October is "Dear Edward" by Ann Napolitano There are copies available for checkout at the library.



STORYTIME

Every Wednesday
10:30am

We host a children's story time at the library every Wednesday at 10:30am. No reservations are required. All ages are welcome.

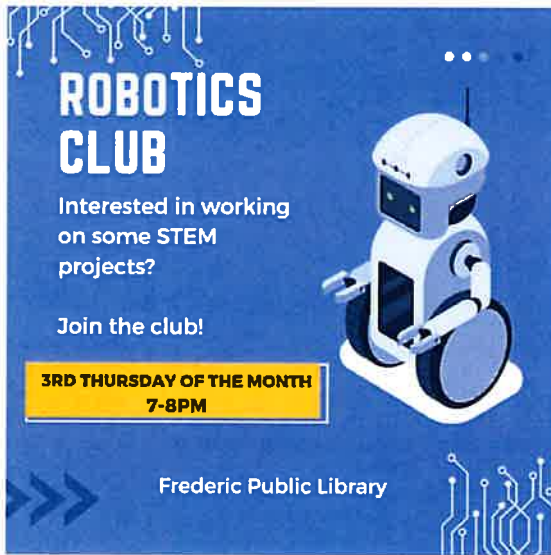
FACEBOOK

Like and follow the Frederic Public Library on Facebook for up-to-date information about programs and events at the Library.



NEED A SPACE TO HOST A CLUB OR GROUP?

We have a private meeting space at the library that can be used free of charge for groups of up to 12 people. Meeting tables, chairs, and internet access are provided. Contact the library at 715-327-4979 to reserve your date and time.



ROBOTICS CLUB

Thursday, Nov 16

7-8pm

Wanna learn how to make a rocket?? Join the Robotics Club on Thursday, Nov 16 from 7-8pm. This group is free and ideal for teens and tweens interested in science.

COMMUNITY CONNECTIONS

New release every Friday

The library is making connections with local businesses, groups, organizations or independent contractors! Each week a different entity is showcased on our Facebook page and library display. It's a way to say "Thank You!" to those involved in our community and to share with our residents that we have a lot of going things going on around town! If you/your business/group/etc, would like to be featured, please email Amanda at Director@FredericLibrary.org. And checkout the new post every Friday on our Facebook page!



HOLIDAY TREASURES GIFT SALE

**Saturday Dec 9th
9am to 12pm**

Mark your calendars for Sat Dec 9th. The Friends of the Frederic Library are hosting a holiday sale that will feature a variety of gifts, decorations, books, and more! There will be a space for kids to shop for their grown-up for a free-will donation. Mrs. Claus will be here reading stories. There will be treats, cocoa and coffee. Fun will be had by all.



GINGERBREAD HOUSE COMPETITION

**Dec 13- 16th Drop-off
Dec 20th Judging**

We will be seeking entries for our annual Gingerbread House Contest. There is no cost to participate and all ages are encouraged to join. Houses will be judged based on appearance, technique and skill and difficulty. Cash prizes will awarded for first and second place winners in each category: AGES UNDER 12, AGES 12 AND OLDER & GROUP/FAMILY. A special prize will be given to the MOST POPULAR house as well. Drop-off completed homes and registration forms at the Library



COMMUNITY CONNECTIONS

HOPE ROAD WELLNESS CENTER

There has been a big shift towards addressing and healing the mental health epidemic in recent years. With less stigma around getting help, people from all walks of life have been working through blocks and past traumas in order to live more fulfilled lives.

Licensed clinical worker and therapist, Kris Thompson, lives and works right here in our community helping individuals, families, and couples improve their lives and relationships. She has a Bachelors and a Masters degree in Social Work and has been practicing since 2013. Kris has been trained to work with children, teens and adults and uses mindfulness-based practices to help work through grief/loss, depression, anxiety, and trauma. Her person-centered approach means that she tailors healing strategies based on the individual needs of each client. She often encourages using art and creativity as tools for change and healing. Her little therapy dog, Huckleberry, also brings a lot of joy and comfort to many of her clients!

Located at 107 Hope Road W in Frederic, Kris often works with referrals from the county and schools in the area. She encourages anyone who is struggling to find peace or just interested in exploring their past in order to get to a brighter future to reach out for help. She can be contacted at 715-869-6484.

Thank you for being part of our community, Hope Road Wellness Center!

